

What's on!

HIGHBROOK CROSSING



August 2024

One in five New Zealanders have high blood pressure. Get checked by The Stroke Foundation's Blood Pressure Check team.

AUG
5

FREE



BLOOD PRESSURE CHECKS

PLUS: Free pulse checks and lifestyle advice to reduce stroke risk.

Monday 5 August, 10am – 3pm
60 Highbrook Drive. Next to Smile Supermarket



AUG
14

We're hooked on fush 'n' chups

Will you choose salt & pepper squid, a Big John Burger or the classic fish and chips?

Wednesday 14 August, 11am – 2pm
Highbrook Crossing, 60 Highbrook Drive.
Next to Smile Supermarket



YOGA with Rahle

EVERY TUESDAY
12.15pm – 13.15pm
LEVEL 2, RSM HOUSE

bija.co.nz/tuesday-yoga

Can we count on you?

To help support daffodil day this year, we are counting on you.

Find the Daffodil Dome at Highbrook Crossing and guess how many daffodils are in the Dome. Then head to our socials to enter.

The person who guesses the closest number of daffodils wins a major prize!

Also, for every person who comments, we'll donate 50 cents to Daffodil Day.**

Monday 26 August – Thursday 29 August
Located in the Plaza area, Highbrook Crossing, 60 Highbrook Drive.

* T&Cs may apply. Prizes subject to change.
** donations will be capped at \$1,000 NZD combined across Facebook and Instagram.



Follow us!

[highbrookcrossing](https://www.instagram.com/highbrookcrossing) Highbrook Business Park

Follow us on Facebook and Instagram to be in to win these great prizes. T&Cs listed in the posts.